

Kvaltider USM (50m) 2025

Grenar	Flickor									
	13-14 år		15-16 år		17-18 år		13-15 år		16-18 år	
	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m
50m frisim										
100m frisim	01:03,63	01:04,61	01:00,52	01:02,20	00:59,35	01:01,03				
200m frisim	02:21,25	02:23,91			02:10,40	02:14,93				
400m frisim			04:42,77	04:50,56	04:37,89	04:47,76				
800m frisim	10:37,13	10:46,02								
1500m frisim			19:16,81	19:44,94	18:54,23	19:45,07				
4x100m frisim							04:16,29	04:17,79	04:00,92	04:04,28
4x200m frisim										
50m bröstsim										
100m bröstsim	01:22,31	01:24,68	01:17,33	01:20,61	01:15,58	01:18,93				
200m bröstsim	03:01,73	03:06,86	02:49,17	02:57,23	02:46,52	02:53,58				
50m ryggsim										
100m ryggsim	01:12,75	01:15,14	01:07,99	01:11,43	01:07,52	01:10,95				
200m ryggsim	02:41,45	02:44,78	02:29,23	02:36,55	02:29,29	02:36,85				
50m fjärilsim										
100m fjärilsim	01:13,80	01:15,09	01:08,69	01:10,44	01:06,11	01:08,04				
200m fjärilsim	03:09,94	03:18,12	02:42,28	02:49,22	02:38,12	02:51,15				
200m medley	02:39,55	02:43,53	02:32,22	02:36,50	02:28,76	02:34,77				
400m medley	05:49,36	06:06,59	05:24,34	05:38,47	05:21,81	05:36,80				
4x100m medley							04:46,92	04:52,70	04:29,91	04:37,72
4x200m IM							*	*	*	*

* Heatbegränsning

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Grenar	Pojkar										
	13-14 år		15-16 år		17-18 år		13-15 år		16-18 år		
	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m	
50m frisim											
100m frisim	01:01,22	01:01,68	00:55,76	00:57,28	00:53,47	00:55,17					
200m frisim	02:17,27	02:19,12			01:58,99	02:03,38					
400m frisim			04:24,51	04:32,61	04:15,87	04:27,17					
800m frisim	10:21,81	10:41,18									
1500m frisim			18:07,12	18:27,23	17:24,12	18:00,70					
4x100m frisim							03:55,22	03:56,38	03:37,04	03:40,76	
4x200m frisim											
50m bröstsim											
100m bröstsim	01:19,58	01:21,29	01:11,25	01:14,37	01:08,23	01:11,59					
200m bröstsim	02:59,61	03:01,83	02:37,88	02:44,77	02:32,93	02:41,42					
50m ryggsim											
100m ryggsim	01:10,54	01:12,35	01:03,53	01:06,53	01:01,47	01:04,47					
200m ryggsim	02:37,68	02:41,52	02:20,18	02:26,57	02:16,73	02:25,67					
50m fjärilsim											
100m fjärilsim	01:11,21	01:12,01	01:02,48	01:03,74	00:59,66	01:00,98					
200m fjärilsim	03:12,78	03:19,03	02:28,65	02:32,63	02:21,79	02:30,88					
200m medley	02:35,11	02:37,12	02:20,59	02:24,75	02:15,05	02:21,06					
400m medley	05:42,30	06:00,91	05:00,41	05:14,60	04:51,23	05:06,34					
4x100m medley							04:26,76	04:32,49	04:03,64	04:11,24	
4x200m IM							*	*	*	*	

* Heatbegränsning

Kvaltider USM (50m) 2025

Grenar	Mix			
	13-15 år		16-18 år	
	25m	50m	25m	50m
50m frisim				
100m frisim				
200m frisim				
400m frisim				
800m frisim				
1500m frisim				
4x100m frisim	04:05,75	04:07,08	03:48,98	03:52,52
4x200m frisim				
50m bröstsim				
100m bröstsim				
200m bröstsim				
50m ryggsim				
100m ryggsim				
200m ryggsim				
50m fjärilsim				
100m fjärilsim				
200m fjärilsim				
200m medley				
400m medley				
4x100m medley				
4x200m IM				

* Heatbegränsning